



PORTUGAL  
WINTER TRIAL 2012  
NELO WINTER CHALLENGE

MONTEMOR-O-VELHO

3RD AND 4TH MARCH 2012



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WINTER TRIAL 2012  
NELO WINTER CHALLENGE

## // WELCOMETOPWT2012

### // THECONCEPT

The Portuguese Canoe Federation, Nelo and the Montemor-o-Velho Council welcomes you to PORTUGAL Winter Trial 2012 - Nelo Winter Challenge.

After the first event in 2011, we present you the second chance for you to come to Portugal, and meet the place where the European Canoe Sprint Junior & Under 23 and European Canoe Sprint Seniors will take place in 2012 and 2013.

Our goal is to have an event that, more than a traditional race, would be a tool for the coaches and athletes to assess their condition and progress in training. Being Portugal one of the few countries in Europe where you can practice canoeing during all year with comfort together with the best sport facilities and technology of the new High Performance Center located in Montemor-o-Velho, we hope to see you in Portugal next March, 3th and 4th.

The Portuguese Canoe Federation and NELO are working together to assure you even better conditions to this challenge than in 2011.

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## // WELCOMETOPORTUGAL

Montemor is 145Km away from Porto, 200Km from the capital Lisbon and 75km from the Nelo Training Center: Montebelo Agueira Lake Resort & Spa; it is located between Coimbra and Figueira da Foz, connected by train and bus.

GPS: N 40° 10' 33,38" W 8° 40' 55,47" (Castle)



// CHALLENGE**F.A.Q.**

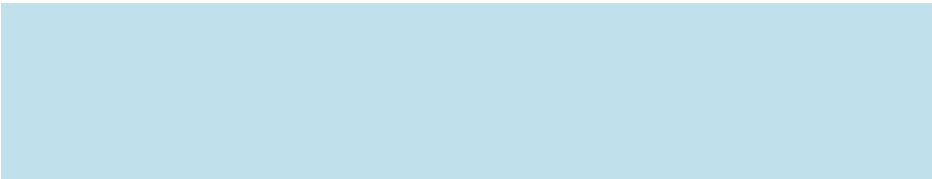
// 01.**WHOCANPARTICIPATE**

The PORTUGAL WINTER TRIAL 2012 - NELO WINTER CHALLENGE is open to national Teams and clubs.

The following countries are already confirmed in this event:



PORTUGAL  
GERMANY  
FRANCE  
SPAIN  
BRAZIL  
FINLAND  
NORWAY  
THE NETHERLANDS  
UKRAINE  
HUNGARY  
RUSSIA  
ISRAEL  
POLAND



// 02.**LOCAL&DATES**

The PORTUGAL WINTER TRIAL 2012 - NELO WINTER CHALLENGE will take place in Montemor-o-Velho, the 3th and 4th March 2012.

**ABOUT COMPETITION VENUE  
and SPORT INFRASTRUCTURE**

**VENUE:** The main infrastructures will be at Centro de Alto Rendimento de Montemor-o-Velho [CAR].

**Geographic Location:**  
Lat 40°10'21.13"N / Lon 8°41'4.73"W  
Depth from 1.60 mts to 3.00 mts  
Electrical power: 220 W (16, 32, et 63 amp)  
Travel lift up to 39 ton  
Boat yard services  
Located at 139 Kms from the Porto airport



// 03.**PWT2012CATEGORIES**

This challenge will contemplate the following categories:

- \* CADET (athletes born between 1996-1997) | K1 Men | K1 Women | C1 Men
- \* JUNIOR (athletes born between 1994-1995) | K1 Men | K1 Women | C1 Men
- \* SENIOR (athletes born between 1978-1993) | K1 Men | K1 Women | C1 Men
- \* VETERAN (athletes born before 1977) | K1 Men | K1 Women





// 04.CHALLENGERACES

This challenge will be divided into two main events:

- \* 1st race: 2000 meters time trial
- \*\* 2nd race: 200 meters sprint

// 2000METERSTIMETRIAL

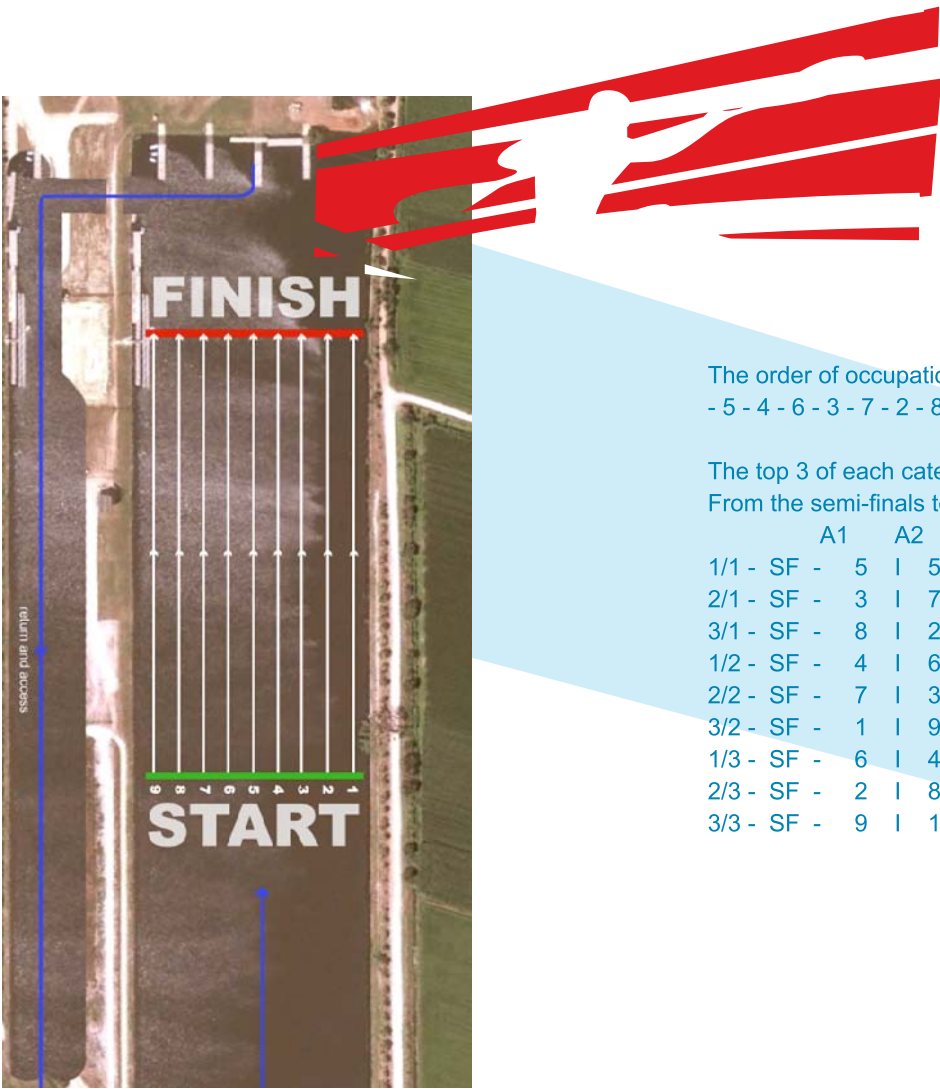
2000 meters time trial - departing from minute to minute, with three simultaneous lanes (with a difference of 20 seconds between the start in each one):

- Individual start systems will be used in lanes 0, 5 and 10, with different categories departing in different systems.

In 2012 we will use the full length of the course, so no turning at the 1000 meters. The finish line will be close to the finish tower. The start is made in the top of the course, with all athletes using the cooling channel to access this area. There will be split time control at the 1000 meters.

Score: awarding points incrementally, with 1 point for the 1st place and 9 points for the 9th place, in each category. Winner will be the athlete with less points.  
Ex: 1st place K1 Senior Men - 1 point; 2nd place - 2 points; 3rd place - 3 points ...

The male and female overall winner of 2000 meters will be calculated according to the following criteria: For every winner in each category, we calculate the one who has the greatest difference in time for the 2nd place in the same category.  
Note: If the schedule will allow there will be a Final A with the top 10 athletes in each category.



The order of occupation of the lanes will be:  
- 5 - 4 - 6 - 3 - 7 - 2 - 8 - 1 - 9

The top 3 of each category will go to a final A.  
From the semi-finals to the finals will be used the following scheme:

	A1	A2
1/1 - SF -	5	5
2/1 - SF -	3	7
3/1 - SF -	8	2
1/2 - SF -	4	6
2/2 - SF -	7	3
3/2 - SF -	1	9
1/3 - SF -	6	4
2/3 - SF -	2	8
3/3 - SF -	9	1

// 200METERSSPRINT

200 meters sprint, with heats every minute. In each heat will compete 5 athletes (lanes 1, 3, 5, 7 and 9), in time trial. The top 27 times in each category will go to the semi-finals. There will be 3 semi-finals, with nine athletes each.

The distribution for the semi-finals will be:  
- 1 st best time - Lane 5 SF1; 2nd best time - Lane 5 SF2; 3rd best time - Lane 5 SF3  
- 4 th best time - Lane 4 SF1; 5th best time - Lane 4 SF2; 6th best time - Lane 4 SF3  
- 7 th best time - Lane 3 SF1; 8th best time - Lane 3 SF2; 9th best time - Lane 3 SF3

The one to be used, will be decided automaticaly by the computer system for each category.

Score: The scoring system will be the same as 2000 meters - awarding points incrementally, with 1 point for the 1st place and 9 points for the 9th place. The points will continue to be allocated to athletes who were eliminated in SF according to the time they have done. All other athletes athletes who are not established for the semi-final will be ranked according to their time, starting from 28.



// 05.**COMPETITION**WINNER

PTW2012 winner - The male and female winner of PWT2012 will be the athlete with fewest points of the sum of 2000m and 200m. In case of tie, the winner will be the athlete with the greatest difference in time for the 2nd place absolute in its category.

Any athlete who does not participate in all the 2 competitions (200m and 2000m) will be automatically out from this.

Final ranking of the trophy - The final winner of WINTER INTERNATIONAL CANOE SPRINT TROPHY will be the athlete with the lowest number of points in the sum of the 2 challenges (International Regatta of Pas de Calais, France and Portugal Winter TRIAL 2012. In case of a tie, the winner will be the athlete with the greatest difference in time for the 2nd place absolute in its category.

Any athlete who does not participate in all the 4 competitions (2 x 200m and 2 x 2000m) will be automatically disqualified.



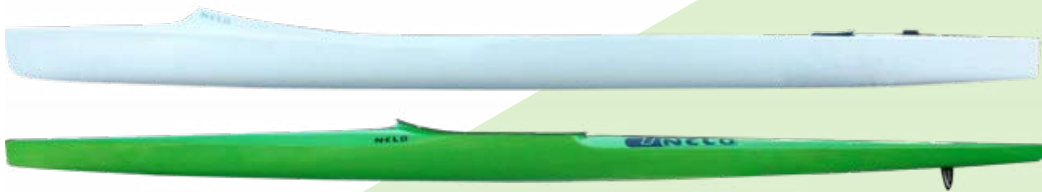
// 07.**PARTICIPATION**FEE

The participation in PWT2012 is free of charge. It will only be charged the cost of lunch for both days of racing. Lunch will be served at the course, with a daily cost of 10€ /person.

This amount must be paid when sending the nominal entry of the team. Proof of transfer is required.

// 08.**BOAT**RENTAL

All issues about boat rental must be deal directly with NELO. Please call (+351) 229 272 608 or email to nelo@nelo.eu

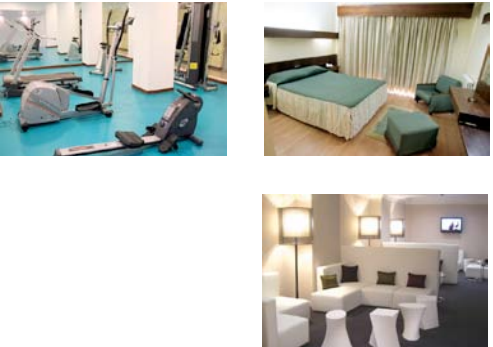


// 09.**ACCOMMODATION**

The reservation of accommodation must be made to the organizing comitte by the national teams or by the clubs.Teams can choose to stay in other locations. The oficial Hotels for the PWT2012 will be:

**\*\* HOTEL COSTA DE PRATA II**

Rua Miguel Bombarda, 59  
3080-159 Figueira da Foz  
Tel.: +351 233 422 082  
GPS: 40° 09' 06.00" N 8° 51' 56.50" W



The hotel COSTA DE PRATA is located in the city center, at 50 m. from the Figueira Casino and Claridade Beach. They have a beautiful sight over the sea, the river and the mountain.

More info at [www.costadeprata.com](http://www.costadeprata.com).

Prices(per person)Double room - 25€

Price includes 1 night accomodation(in double room),lunch at the regatta course and dinner at the Hotel in Figueira da Foz.

The price for the full pack is 50€/person (in double room) and includes :

- 2 nights (in double room)
- Saturday lunch at the regatta course
- Saturday dinner at the Hotel
- Breakfast on Saturday and Sunday at the Hotel

**\* MONTEBELO AGUIEIRA RESORT -**

Nelo Training CenterReservation has to be made through NELO.  
[More information http://www.mar-kayaks.pt/en/training\\_center](http://www.mar-kayaks.pt/en/training_center) .



// 10.**TRANSPORT**

The Portuguese Canoe Federation will not be in charge of transportation for the teams. If needed the organization comitte will be able to help you rent a car or a mini bus for your team with very good prices, please contact us.

This includes the trip from and to the airport and from and to the course.

// 11.NominalEntries

There will be an online registration available at  
<http://www.canoesprintportugal.com>  
Please respect the accepted categories, according to this  
bulletin.

National Federation ID Card number is obligatory.  
All National Teams and clubs must present one letter from  
the National Federation authorizing the participation in  
this event.

This letter must be sent to [marcos.oliveira@fpcanoagem.pt](mailto:marcos.oliveira@fpcanoagem.pt)

You will also be asked to fill the meals and accomodation  
needs in this online form.

After filling the forms, please provide payment:

Portuguese Canoe Federation:  
IBAN - PT50 0010 0000 2597 5600 0067 2  
SWIFT/BIC – BBPIPTPL  
Payment has to be done in Euros

The online system will be on until 23/02/2011.

// 12.PROVISIONALTIMETABLE

Saturday <a href="#">March 3rd</a>	
8:00	Arriving of the teams
8:30	Team Leaders Meeting
10:00	2000 Meters Race
11:00-14:00	Lunch and 2000m Award Cerimony
14:30	200 Meters Heats

Sunday <a href="#">March 4th</a>	
9:00	Arrival of the Teams
10:00	200 Meters Semi-Finals and Finals
13:00	Award Cerimony

// 12.CONTACTS

All the questions concerning the PWT2012 must  
be directed to the Portuguese Canoe Federation:

Rua António Pinto Machado, 60  
4100-068 Porto  
Portugal

tel: 351 225 432 237  
fax: 351 225 432 238  
efax: [efax.fpc@net.novis.pt](mailto:efax.fpc@net.novis.pt)  
tm: 351 932 080 303  
Skype: fpcanoagem  
Email: [geral@fpcanoagem.pt](mailto:geral@fpcanoagem.pt)  
Web: <http://www.fpcanoagem.pt>

FPC SECRETARY GENERAL -  
Marcos Oliveira  
**[marcos.oliveira @ fpcanoagem.pt](mailto:marcos.oliveira@fpcanoagem.pt)**

More information about Montemor-o-Velho Nautical  
Center soon at <http://www.canoesprintportugal.com>



## FEDERAÇÃO PORTUGUESA DE **CANOAGEM**

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