

PORTUGAL  
WINTER TRIAL 2013  
NELO WINTER CHALLENGE

MONTEMOR-O-VELHO  
// PORTUGAL  
**23RD AND 24TH FEBRUARY 2013**



// **WELCOMETOPWT2013**



// **THECONCEPT**

The Portuguese Canoe Federation, Nelo and Montemor-o-Velho City council welcomes you to the 2013 edition of PORTUGAL Winter Trial – Nelo Winter Challenge.

This will be the 3rd Edition of this event. This year we will let you test the venue of the ECA Canoe Sprint European Championships 2013, before everyone else. Once again this organization will prepare a race where your team, including not only the athlete, but also coaches etc, can assess the teams condition and training progress.

Of course the main reason and the success of the past events is because most of the European and worldwide teams are in Portugal at this time, where they can practice canoeing under good weather, with comfort and some of the best sport facilities and technology.

We are working hard to give you a world class event next February in High performance Center of Montemor-o-Velho

// **WELCOMETOPORTUGAL**

Montemor is 145Km away from Porto, 200Km from the capital Lisbon and 75km from the Nelo Training Center: Montebelo Agueira Lake Resort & Spa; it is located between Coimbra and Figueira da Foz, connected by train and bus.

GPS: N 40° 10' 33,38" W 8° 40' 55,47" (Castle)





// CHALLENGE.F.A.Q.

// 01.WHOCANPARTICIPATE

The PORTUGAL WINTER TRIAL 2013 - NELO WINTER CHALLENGE is open to national Teams and clubs.

The following countries are already confirmed in this event:



PORTUGAL  
SPAIN  
FRANCE  
ITALY  
RUSSIA  
DENMARK  
THE NETHERLANDS  
GREAT BRITAIN  
SWEDEN  
BELGIUM  
GERMANY  
CANADA  
NORWAY  
POLAND  
CZECH REPUBLIC



// 02.LOCAL&DATES

The PORTUGAL WINTER TRIAL 2013 - NELO WINTER CHALLENGE will take place in Montemor-o-Velho, the 23rd and 24th February 2013.

ABOUT COMPETITION VENUE  
and SPORT INSFRASTRUCTURE

VENUE: The main infrastructures will be at Centro de Alto Rendimento de Montemor-o-Velho [CAR].

Geographic Location:

Lat 40°10'21.13"N / Lon 8°41'4.73"W  
Depth from 1.60 mts to 3.00 mts  
Electrical power: 220 W (16, 32, et 63 amp)  
Travel lift up to 39 ton  
Boat yard services  
Located at 139 Kms from the Porto airport



// 03.PWT2013CATEGORIES

This challenge will contemplate the following categories:

- \* CADET (athletes born between 1997-1998) | K1 Men | K1 Women | C1 Men
- \* JUNIOR (athletes born between 1995-1996) | K1 Men | K1 Women | C1 Men
- \* SENIOR (athletes born between 1979-1994) | K1 Men | K1 Women | C1 Men

// 04.**CHALLENGERACES**

This challenge will be divided into two main events:

- \* 1st race: 2000 meters time trial
- \*\* 2nd race: 200 meters sprint

// **2000METERSTIMETRIAL**

2000 meters time trial - departing from minute to minute, with two simultaneous lanes (with a difference of 20 seconds between the start in each one):

- Individual start systems will be used in lanes 0 and 10, with different categories departing in different systems.

In 2013 we will use the full length of the course, so no turning at the 1000 meters. The finish line will be close to the finish tower. The start is made in the top of the course, with all athletes using the cooling channel to access this area. There will be split time control at the 1000 meters.

Score: awarding points incrementally, with 1 point for the 1st place and 9 points for the 9th place, in each category. Winner will be the athlete with less points.  
Ex: 1st place K1 Senior Men - 1 point; 2nd place - 2 points; 3rd place - 3 points ...

The male and female overall winner of 2000 meters will be calculated according to the following criteria: For every winner in each category, we calculate the one who has the greatest difference in time for the 2nd place in the same category.  
Note: If the schedule will allow there will be a Final A with the top 10 athletes in each category.



The order of occupation of the lanes will be:  
- 5 - 4 - 6 - 3 - 7 - 2 - 8 - 1 - 9

The top 3 of each category will go to a final A.  
From the semi-finals to the finals will be used the following scheme:

	A1	A2
1/1 - SF -	5	5
2/1 - SF -	3	7
3/1 - SF -	8	2
1/2 - SF -	4	6
2/2 - SF -	7	3
3/2 - SF -	1	9
1/3 - SF -	6	4
2/3 - SF -	2	8
3/3 - SF -	9	1

// **200METERSSPRINT**

200 meters sprint, with heats every minute. In each heat will compete 5 athletes (lanes 1, 3, 5, 7 and 9), in time trial. The top 27 times in each category will go to the semi-finals. There will be 3 semi-finals, with nine athletes each.

The distribution for the semi-finals will be:  
- 1 st best time - Lane 5 SF1; 2nd best time - Lane 5 SF2; 3rd best time - Lane 5 SF3  
- 4 th best time - Lane 4 SF1; 5th best time - Lane 4 SF2; 6th best time - Lane 4 SF3  
- 7 th best time - Lane 3 SF1; 8th best time - Lane 3 SF2; 9th best time - Lane 3 SF3

The one to be used, will be decided automaticaly by the computer system for each category.

Score: The scoring system will be the same as 2000 meters - awarding points incrementally, with 1 point for the 1st place and 9 points for the 9th place. The points will continue to be allocated to athletes who were eliminated in SF according to the time they have done. All other athletes athletes who are not established for the semi-final will be ranked according to their time, starting from 28.





## // 05. **COMPETITION**WINNER

PTW2013 winner - The male and female winner of PWT2013 will be the athletes with fewest points of the sum of 2000m and 200m. In case of tie, the winner will be the athletes with the greatest difference in time for the 2nd place absolute in its category.

Any athletes who does not participate in all the 2 competitions (200m and 2000m) will be automatically out from this.

There will a prize giving ceremony for top 3 athletes in each category and distance.

This will happen Sunday, after the 200m finals.

## // 07. **PARTICIPATION**FEE

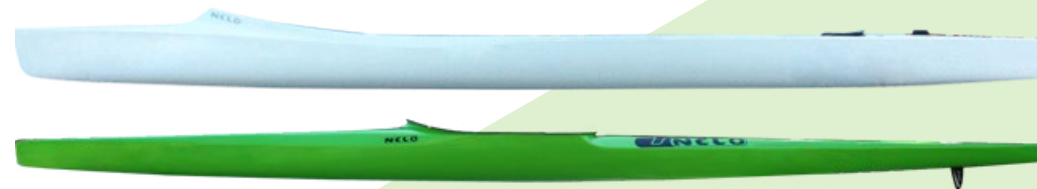
The participation in PWT2013 is free of charge.

The only payment to be made is if you want to have lunch on Saturday. The price is 10€/person.

This amount has to be paid when sending the nominal entries . Proof of transfer is required.

## // 08. **BOAT**RENTAL

All issues about boat rental must be deal directly with NELO.  
Please call (+351) 229 272 608 or email to [nelo@nelo.eu](mailto:nelo@nelo.eu)



## // 09. **ACCOMMODATION**

The reservation of accommodation must be made to the organizing comitte by the national teams or by the clubs. Teams can choose to stay in other locations.

The official Hotels for the PWT2012 will be:

### \*\* **HOTEL COSTA DE PRATA II**

Rua Miguel Bombarda, 59  
3080-159 Figueira da Foz  
Tel.: +351 233 422 082  
GPS: 40° 09' 06.00" N 8° 51' 56.50" W

The hotel COSTA DE PRATA is located in the city center, at 50 m. from the Figueira Casino and Claridade Beach. They have a beautiful sight over the sea, the river and the mountain.

More info at [www.costadeprata.com](http://www.costadeprata.com).

Prices(per person)Double room - 30€ - Price includes 1 night accommodation (in double room), lunch on Saturday and Sunday at the regatta course.

The price for the full pack is 50€/person (in double room, regime APA) and includes:

- 2 nights (in double room)
- Saturday lunch at the regatta course
- Sunday lunch at the Hotel
- Breakfast on Saturday and Sunday at the Hotel

### \* **MONTEBELO AGUIEIRA RESORT -**

Nelo Training Center Reservation has to be made through NELO.

More information [http://www.mar-kayaks.pt/en/training\\_center](http://www.mar-kayaks.pt/en/training_center) .

## // 10. **TRANSPORT**

The Portuguese Canoe Federation will not be in charge of transportation for the teams. If needed the organization comitte will be able to help you rent a car or a mini bus for your team with very good prices, please contact us.

This includes the trip from and to the airport and from and to the course.

// 11.NominalEntries

There will be an online registration available in January 2013.  
Please respect the accepted categories, according to this bulletin.

National Federation ID Card number is obligatory.  
All National Teams and clubs must present one letter from the National Federation authorizing the participation in this event.

This letter must be sent to [main@canoesprintportugal.com](mailto:main@canoesprintportugal.com)

You will also be asked to fill the meals and accomodation needs in this online form.

After filling the forms, please provide payment:  
Portuguese Canoe Federation:  
IBAN - PT50 0010 0000 2597 5600 0067 2  
SWIFT/BIC – BBPIPTPL  
Payment has to be done in Euros



// 12.PROVISIONALTIMETABLE

Saturday [February 23rd](#)

- 10h45 Team Leaders Meeting
- 11h- 13h Lunch at the venue
- 14h00 2000 meters race

Sunday [February 24th](#)

- 8h00 Arrival of the Teams
- 9h00 200 Meters Heats
- 12h00 200 Meters Semi-Finals and Finals
- 13h00 Prize giving Ceremony

// 12.CONTACTS

All the questions concerning the PWT2013 must be directed to the Portuguese Canoe Federation:

Centro Náutico Eng. Edgar Cardoso  
Rua Manuel Pinto Lima S/N  
Oliveira do Douro  
4430-750 Vila Nova de Gaia

More information about the venue and this race at [www.canoesprintportugal.com](http://www.canoesprintportugal.com)

Email : [main@canoesprintportugal.com](mailto:main@canoesprintportugal.com)

tel: 351 225 432 237  
fax: 351 225 432 238  
efax: [efax.fpc@net.novis.pt](mailto:efax.fpc@net.novis.pt)  
tm: 351 932 080 303  
Skype: [fpcanoagem](https://www.skype.com/en/contacts/fpcanoagem)  
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Web: <http://www.canoesprintportugal.com>



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